## NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS BUCHAREST

# METHODOLOGY

## ON THE ORGANIZATION AND CONDUCT OF THE ADMISSION COMPETITION FOR DOCTORAL STUDIES IN THE FIELD OF "SPORT AND PHYSICAL EDUCATION SCIENCE"

## ACADEMIC YEAR 2026 – 2027

## CODE M – AD - 11 – 01 - 02

| Produced by | Checked by | Approved by | Approved by |
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| | | | |

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# 1. FUNDAMENTALS

**Art. 1.** The organization and procedure of the admission competition for university doctoral studies in the National University of Physical Education and Sports from Bucharest (UNEFS) are based on the provisions of the Higher Education Law 199/2023, with subsequent amendments and additions; Ministerial Order No. 3693/2024, Framework methodology regarding the organization of admission in short-term university study cycles, bachelor's, master's and doctorate, Ministerial Order 3020/2024, Framework Regulation of Doctoral University Studies.

**Art. 2**. (1) Admission to the third cycle of doctoral university studies is organized in the field of Sport and Physical Education Science.
**(**2) Doctoral university studies are organized in the form of full-time or part-time education, both regarding available places with funding from the state budget in the form of doctoral grants, and regarding available places with a fee or other legally constituted sources.
(3) Doctoral university studies have a duration, as a rule, of 4 years.

**Art. 3.** The number of places financed from the state budget is established by order of the Minister of Education and Research, and the number of places with a fee is established by a decision of the Management Board.

## 2. SCHEDULE OF ADMISSION COMPETITION

**Art. 4.** (1) Registration for the admission test is managed in person, based on the identity card/ passport and the other documents provided for in art. 11.
(2) Enrollment in the admission competition can be done, on behalf of the candidate, by another person on a power of attorney basis.

**Art. 5**. (1) Enrollment in the competition for admission to doctoral university studies in the field of Sports and Physical Education Science is not conditional on the field in which the bachelor's or master's degree was acquired.
(2) The total cumulative duration of the bachelor's and master's university study cycle must be at least 300 transferable credits (ECTS).
(3) Graduates of long-term university education, in the "full-time attendance" form of education, with a diploma of completion of studies issued in accordance with the provisions of Law no. 288/2004 with subsequent additions and amendments, have the right to participate in the admissions competition for doctoral university studies without having completed a cycle of advanced or master's studies.

**Art. 6.** The following categories of candidates can participate in the competition for admission to doctoral university studies: (a) citizens of the member states of the European Union, of the states belonging to the European Economic Area and of the Swiss Confederation, under the same conditions provided by law for Romanian citizens, including with regard to tuition fees; the recognition of the studies managed outside of Romania will be carried out by the specialized department within the relevant ministry (https://cnred.edu.ro/ro/studii-universitare), before the candidates register for the admission competition, each candidate having the obligation to present the certificate of recognition of studies when registering for the competition. The procedure can be initiated through UNEFS or personally, by the candidate. Candidates will consider the settlement time of about 30 days.
(b) citizens of third EU states, based on the methodologies specifically developed by the competent ministry, respectively the instructions developed in accordance with them by SDI.

**Art. 7.** (1) In the National University of Physical Education and Sports from Bucharest, only candidates whose general undergraduate average (faculties with a duration of 4-6 years) is at least 8 (eight) or whose graduation average of bachelor (3 years) + master is minimum 8 (eight).

(2) Individuals with disabilities and/or special educational requirements (CES) may also enroll in the doctoral admission competition. In accordance with the non-discrimination principle, these students are entitled to adapted access to all university spaces, provision of a sign language interpreter (gestural and/or signed language), as well as appropriate conditions for the normal conduct of academic, social, cultural, and administrative activities within higher education institutions, tailored to their complex medical, social, and/or educational needs.

**Art. 8.** The places allocated for admission to doctoral university studies, distributed according to funding regimes (budget education or fee-based education), shall be brought to the attention

of the candidates through public display on the university notice board, on the website of the Doctoral School and in the admission brochure.

**Art. 9.** Doctoral students who have previously completed the study program with budget funding, or previously expelled from doctoral university studies have the right to participate in a new doctoral admission competition only on the places allocated on the fee-based education basis.

## 3. REGISTRATION OF CANDIDATES

**Art. 10.** a) The submission of the documents is carried out at the secretariat of the Doctoral School, during the periode: **7-11 September 2026**.
b) By way of exception, during the period of the establishment of the state of alert, necessity or emergency, it is possible to register online by uploading the documents by the candidates with their assumption of responsibility regarding the authenticity and correspondence between the digital/ scanned documents and the original ones.

**Art. 11.** The registration file (folder with elastic band) must contain the following documents:
a) Standard application for registration (Appendix 1);
b) Registration application for the language proficiency test (Appendix 2);
c) Original birth certificate and copy;
d) Name change act (if applicable) in original and copy;
e) Copy of national identity card/ passport;
f) Original Baccalaureate Diploma and copy;
g) Bachelor's Degree and Master's Degree, or the equivalent - original and copy (for the **2026** promotion - certificate);
h) Supplement to the diploma, annexes of the Bachelor's and Master's diplomas - original and copy;
i) The medical certificate proving that the person who is going to enroll in studies does not suffer from contagious diseases or other incompatible conditions;
j) Declaration regarding the form of financing (Appendix 3);
k) Declaration regarding the granting of consent for the processing of personal data (Appendix 4)
l) Europass CV;
m) Memory of scientific and didactic activity;
n) List of published works/participations in scientific events;
o) 2 (two) ID card-type photos;
p) Registration fee payment receipt (paid at the UNEFS cashier's office).

**Art. 12.** (1) The children of teaching and auxiliary teaching staff both active and retired are exempt from paying the registration fee to the admission competition in higher education and benefit from free accommodation in dormitories and boarding schools, being supported by the subsidy for dormitories-canteens increased by the Ministry of Education (LIS 199/2023).

Exemption from the payment of these fees is made only on the basis of the supporting documents presented by the candidates.
(2) According to the law, they benefit from the same rights and people at risk of losing their ability to meet their daily living needs due to illness, disability, poverty, based on the declaration on their own responsibility.
(3) These provisions apply to persons up to 35 years of age.

**Art. 13**. Place confirmation (Appendix 5) will be made on **September 18, 2026**, by:

➢ paying the registration fee for admitted candidates;

➢ paying the first installment of tuition for those candidates declared admitted under the financing regime with a fee (in RON/ EUR for CPV);

➢ providing the the Doctoral School secretariat with the original contractual documents that will be downloaded from Doctoral School website.

## 4. FORM AND CONTENT OF ADMISSION COMPETITION

**Art. 14**

(1) **Stage I -** *Admission to advanced doctoral studies*, composed of 3 (three) tests, as follows:

- ***linguistic competence colloquium*** [1] in a language of international circulation (French/English), which is eliminatory, with appreciation through the qualifications admitted/rejected. This test can be taken, as a rule, in French/English. The qualification "admitted" allows the candidate to continue the competition and to appear at the following test from stage I, of the admission competition;
- ***written test,*** in the form of a structured essay based on fundamental and specialized knowledge in the field of *SPORT AND PHYSICAL EDUCATION SCIENCE,* based on the topics established by the doctoral supervisors, approved by the Council of University Doctoral Studies (CSUD);
- ***interview*** in which the candidates will present their own research concerns, the argumentation of the theme based on the bibliography studied and the direction in which the doctoral thesis shall be completed.

(2) The minimum passing grade for test 2 (the written test) is 5 (five).

(3) For tests 2 and 3, candidates will be assessed by grades from 1-10;

(4) The final grade in the competition is the weighted average, to two decimal places without rounding off, of the grades awarded by the members of the committee in tests 2 and 3 calculated by the doctoral supervisors, members of the CSUD as follows:

a. test 2 - 40% of the final grade
b. test 3 - 60% of the final grade.

(5) The competition catalog for tests 2 and 3, with the marks of the members of the committee shall be signed by all members of the committee.

[1]Candidates who hold attestations/certificates of language competence (type Toefl, Cambridge, DELF, etc.) benefit from their recognition and equivalence with the language competence exam.

(6) The final catalog containing the weighted average of the grades shall be signed by the PhD supervisors, members of the CSUD Council.
(7) The minimum passing average is 7,00.
(8) Applicants are admitted to the places open for competition in the order of the average marks obtained by the candidates in tests 2 and 3.
(9) The distribution of admitted applicants will be carried out in the following order: budget education vacant places with a scholarship, budget education vacant places without a scholarship, vacant places with a fee.
(10) Candidates declared admitted will be coordinated by the doctoral supervisors mentioned in the application/enrollment file, depending on the allocated number of places each coordinator has.
(11) **Stage II** - *Assessment of individual scientific research projects*. This will be planned after completing the advanced university studies program. The assessment of scientific research projects, an integral part of the admission competition, as the second stage, is carried out in debates organized by the Doctoral School, in front of a commission whose composition is proposed by the Doctoral School council. The evaluation is done by "admitted/ rejected" qualifications; the qualification "admitted" entitles the doctoral student to complete the scientific research program that will be completed with the public defense of the thesis.

**Art. 15.** By way of exception, the language proficiency tests, the interview and the evaluation of the research projects (stage II) can be taken online, in situations where the candidate is unable to make a physical appearance.

**Art. 16.** Admission to university doctoral studies is organized in the **September 2026** session, in accordance with the admission competition schedule:

- language proficiency colloquium - 14.09.2026
- written test - 15.09.2026
- written test appeals - 16.09.2026
- the interview - 17.09.2026
- display of results - 17.09.2026
- place confirmation - 18.09.2026.

# 5. ORGANIZATION OF ADMISSION COMPETITION

**Art. 17.** Admission to advanced doctoral studies takes place in two stages as follows:
**Stage I** – consisting of 3 (three) tests:

- linguistic competence colloquium[2];
- written test in the form of an essay;
- inteview

**Stage II** – the defence of the research project

**Art. 18.**
(1) *The language proficiency colloquium* shall be organized by a committee consisting of a chairperson and at least 2 members, professors from UNEFS. Committee members are proposed by the CSUD, endorsed by the Vice-Rector of UNEFS, and approved by the Senate of UNEFS.
(2) *The written test*, in the form of an essay, according to the topics in Appendix 6.
(3) *The interview* is conducted with a committee of 5 members: president - the PhD supervisor and 4 members - PhD supervisors.

**Art. 19.** The topic and the bibliography of the competition tests will be brought to the attention of applicants through display, posted on the university website. The topic can be found in Appendix 6 in the present document.

**Art. 20**
(1) Candidates are declared admitted - in descending order of averages obtained - until the vacant places (budget education and fee-based education) taken out for competition are filled.
(2) Doctoral students are assigned to doctoral supervisors who have available places, on an optional basis.
(3) If more options are expressed for a doctoral supervisor than the number of available places, the doctoral students are distributed according to the admission average until the places are filled.
(4) Doctoral students declared admitted, but who exceed the number of places of a doctoral supervisor, will be able to express their option for another doctoral supervisor who has free places.
(5) In case of equality of averages obtained, the tie-breaking will be carried out according to the following criteria, applied in succession:

- grade in test 2 – *essay* that is structured on the basis of fundamental and specialized knowledge;
- the overall average of the years of university studies (bachelor's and master's) or their equivalent;
- the average of the final exam of university studies (bachelor's and master's or equivalent);
- number of publications,

[2]Candidates who hold language proficiency certificates (Toffel, Cambridge, DELF, etc.) benefit from their recognition and equivalence with the language proficiency exam.

- number of completed master's programs.

**Art. 21.** The results of the admission competition are displayed within 24 hours of its conclusion on the website of the Doctoral School. (Admitted and rejected) candidates will be entered in the lists, for each scientific supervisor, the final grade of each with the mention of the funding regime: budget education with scholarship/ budget education without scholarship/ fee-based education.

**Art. 22.** (1) Candidates declared rejected can submit appeals within 24 hours from the communication of the result, to the secretariat of the Doctoral School. These can be taken into account if they demonstrate defects in the legal procedure in the conduct of the contest, or deviations from professional ethics on the part of the examiners; candidates can request the re-correction of the paper from test 2.
(2) Appeals are addressed to the director of the CSUD and are analyzed by the appeals commission appointed by the Rector's decision, at the proposal of the CSUD. The commission consists of a president and 2 members. The president can be one of the CSUD members, but other than the doctoral supervisor of the appellant. The commission established in this way has the duty to investigate the facts related in the appeal and to conclude a written report, in which it should be clearly stated whether the said appeal is rejected/ admitted. If the appeal is accepted, the necessary measures must be included in the commission's report.
(3) The committee must resolve the appeal within 24 hours of its submission, make any changes in the lists with the results of the doctoral admission contest and communicate the result to the candidate in writing.

## 6. FINAL PROVISIONS

**Art. 23.** The lists with the results of the doctoral admission competition are displayed on the Doctoral School website.

**Art. 24.** Candidates declared admitted will complete and sign, together with the doctoral supervisor, the Director of the CSUD and the Rector of the university, the doctoral studies contract.

**Art. 25.** Candidates declared admitted who have signed the doctoral university studies contract, are enrolled and receive the status of doctoral students, by decision of the Rector of UNEFS.

# STATUS OF EDITIONS AND REVIEWS

| No. | Review/ Date of application | Revised chapter and page number | Content of changes | Name, surname and signature | | | |
|---|---|---|---|---|---|---|---|
| | | | | Elaborated by | Checked by | Approved by | Validated by |
| | | | | DMC | CEAC | Senate | Rector |
| **1** | 1st Edition 26.02.2025 | - | Exam date update for the 2025 session | CSUD Director, Univ. Prof. Luciela Vasile, PhD. | Univ. Prof. Monica Stănescu, PhD. | Univ. Prof. Alina-Daniela Moanță, PhD. | Univ. Prof. Marius Stoica, PhD. |
| **2** | 1st Edition Second revision 29.01.2026 | Art.7, pag.4 Art.10, pag.5, Art.13, pag.6, Art.16, pag. 7 | Updates to provisions according to legislative documents .Exam date update for the 2026 session | CSUD Director, Univ. Prof. Luciela Vasile, PhD. | Univ. Prof. Monica Stănescu, PhD. | Univ. Prof. Alina-Daniela Moanță, PhD. | Univ. Prof. Marius Stoica, PhD. |

*Appendix 1*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

Madam Director,

The undersigned _____ please approve my registration for the admission competition for doctoral studies from the _____ session, within the IOSUD – UNEFS Doctoral School, in the doctoral field of Sport and Physical Education Science, specialization Physical Education and Sport, under the scientific guidance of Univ. Prof. _____ PhD. scientific supervisor (optional), certified within I.O.S.U.D. – U.N.E.F.S. from Bucharest in the following form of education:

Subsidized from the budget
Full-time attendance with scholarship / Full-time attendance without scholarship
Fee-based studies: Full-time attendance
(tick as appropriate on the admission list)

Date, Signature,

_____ _____

*Appendix 2*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

Madam Director,

Undersigned _____

please approve my registration in the competition for admission to the studies of doctorate, within the IOSUD – UNEFS Doctoral School from Bucharest, in the doctoral field of Sport and Physical Education Science, specialization Physical Education and Sport, **September 2026** session, form of education – full-time attendance/ part-time attendance, under the scientific guidance of Prof. Univ. _____, PhD., scientific supervisor of doctorate, certified within I.O.S.U.D. – U.N.E.F.S. in Bucharest.

I request to take the test of "Linguistic competence for a language of international circulation" in the _____ language.

Date Signature

_____ _____

*Appendix 3*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

## STATEMENT REGARDING THE FORM OF FINANCING

The undersigned (surname, first name) _____, domiciled in the town of _____, county _____, street _____, holder of ID series ____ number _____, issued by _____, on the date of _____,

**I express my consent so that the Doctoral School within the National University of Physical Education and Sport, based in Bucharest, Str. Constantin Noica, No. 140, Sector 6, CP060057, is allowed to process the following personal data:**

1. Name and surname;
2. Parents' first names;
3. Personal identification number;
4. Permanent address, residence, postal code;
5. Identity card/passport data (series, number, issuer, validity);
6. Bachelor's/master's/doctorate university studies: certificate/diploma identification data, series and study document number, field, study program, graduation generation, media, title, and scientific supervisor;
7. Data for: budget/tuition-fee study allocation.

**I declare on my own responsibility that I have not / have attended the courses of the Doctoral School - _____, on vacant study places subsidized from the budget/from the tuition fee system.**

**I declare that I agree that the processing of the personal data provided by the undersigned will be carried out between September 7 and October 1, 2026, for the following purposes: *verification by the staff appointed within the UNEFS Doctoral School of the method of conducting the studies, respectively on vacant places subsidized from the budget or the tuition fee based system*.**

I understand and agree that my personal data will be disclosed to the following categories of recipients: **Ministry of Education and Research and other relevant ministries**.

I have become aware of the fact that I can exercise all my rights provided by EU Regulation 2016/679, as follows:

a) The right to information: the right to be informed about the identity of the operator, the purpose for which the data is processed, the recipients or categories of recipients of the data, the period for which the data will be stored or the criteria used to establish this period, the existence of the stipulated rights by EU Regulation 2016/679 for the data subject and the conditions under which they can be exercised.

b) The right of access to data: the right to obtain a confirmation from the operator that states that personal data concerning him/her is being processed or not and, if so, access to that data and to the information provided by law.
c) The right to rectification of data: the right to obtain from the operator, without undue delay, the rectification of inaccurate personal data concerning him/her.
d) The right to data deletion: the right to obtain the deletion of personal data concerning the operator, without undue delay, under the specific conditions provided by law.
e) The right to restrict processing, respectively the right to obtain the restriction of processing from the operator in the specific cases provided by law.
f) The right to data portability, i.e. the right to receive the personal data concerning him/her and which he/she has provided to the operator in a structured, commonly used and machine-readable format and the right to transmit this data another operator.
g) The right to object: the right to object at any time, for reasons related to his/her particular situation, to the data concerning him/her being the subject of processing or profiling, except in cases where the operator demonstrates that he/she has legitimate reasons and compelling reasons that justify the processing and that prevail over the interests, rights and freedoms of the data subject or that the purpose is to establish, exercise or defend a right in court.
h) The right to withdraw consent, at any time, without affecting the legality of the processing carried out on the basis of consent before its withdrawal.
i) The right to apply to the National Supervisory Authority for the Processing of Personal Data or to justice for the defense of any rights guaranteed by EU Regulation 2016/679 that have been violated.

All these rights can be exercised by submitting a written, dated and signed request, which will include the requirements made and their reasons, to the **Doctoral School of the National University of Physical Education and Sports**, at the address: Bucharest, Str. Constantin Noica, No. 140, Sector 6, CP060057, email: **secretariat_doctorat@unefs.ro**.

I declare that I have not provided false information in the documents presented and, knowing the provisions of art. 326 of the Criminal Code, I take responsibility for the personal data provided, guaranteeing that they are current, real, correct and complete.

I undertake that, in the event of changes in the personal data indicated in the registration file (change of residence, civil status, etc.), I will inform the **Admission Committee** in writing in due time.

I have been informed by the **Doctoral School within the National University of Physical Education and Sports** regarding the purpose of processing personal data, the legal basis for their collection and processing, the categories of recipients, the retention of personal data and of the rights I have in relation to personal data.

I agree that the **Doctoral School within the National University of Physical Education and Sports** transfers personal data to countries that are not part of the European Union.

I have been informed that my refusal to provide the personal data necessary and requested by the **Admission Committee** shall lead to **my elimination from the admission competition**.

Date:_____ Signature,

*Appendix 4*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

## STATEMENT REGARDING THE GRANTING OF CONSENT FOR THE PROCESSING OF PERSONAL DATA

The undersigned (surname, first name) _____, domiciled in the town of _____, county _____, street _____, holder of ID series ____ number _____, issued by _____, on the date of _____,

**I express my consent that the National University of Physical Education and Sports in Bucharest – Doctoral School, based in Bucharest, Str. Constantin Noica, No. 140, Sector 6, CP060057, to process the following personal data:**

1. Name and surname;
2. Parents' first names;
3. Date and place of birth (country, county/locality, locality/sector);
4. Personal identification number;
5. Sex;
6. Permanent address, residence, postal code;
7. Nationality and citizenship;
8. Ethnicity;
9. Special social status;
10. Special medical situation;
11. Recent photo;
12. Contact details (phone number, e-mail);
13. Identity card/passport data (series, number, issuer, validity);
14. Pre-university studies: baccalaureate certificate/diploma identification data (issuer, study certificate series and number, field, profile, specialization, promotion, average);
15. Bachelor's/master's/doctorate university studies: certificate/diploma identification data, series and study document number, field, study program, promotion, media, title and thesis coordinator;
16. Data for: budget/tuition-fee study allocation.

I declare that I agree that the personal data provided by the undersigned will be processed during the period: **September 7 and October 1, 2026**, for the following purposes: **ADMISSION EXAMINATION**.

I understand and agree that personal data will be disclosed to the following categories of recipients: **Ministry of Education and Research**.

I have become aware of the fact that I can exercise all my rights provided by EU Regulation 2016/679, as follows:

a. The right to information: the right to be informed about the identity of the operator, the purpose for which the data is processed, the recipients or categories of recipients of the data, the period for which the data will be stored or the criteria used to establish this period, the existence of the

stipulated rights by EU Regulation 2016/679 for the data subject and the conditions under which they can be exercised.

b. The right of access to data: the right to obtain a confirmation from the operator that personal data concerning her is being processed or not and, if so, access to the respective data and to the information provided by law.
c. The right to rectification of data: the right to obtain from the operator, without undue delay, the rectification of inaccurate personal data concerning them.
d. The right to data deletion: the right to obtain from the operator the deletion of personal data concerning it, without undue delay, under the specific conditions provided by law.
e. The right to restrict processing, respectively the right to obtain from the operator the restriction of processing in the specific cases provided by law.
f. The right to data portability, i.e. the right to receive the personal data concerning them and which they have provided to the operator in a structured, commonly used and machine-readable format and the right to transmit this data to another operator .
g. The right to object: the right to oppose at any time, for reasons related to its particular situation, that the data concerning them be the subject of processing or profiling, except in cases where the operator demonstrates that it has legitimate and compelling reasons that justifies the processing and which prevails over the interests, rights and freedoms of the data subject or that the purpose is to establish, exercise or defend a right in court.
h. The right to withdraw consent, at any time, without affecting the legality of the processing carried out on the basis of consent before its withdrawal.
i. The right to apply to the National Supervisory Authority for the Processing of Personal Data or to justice for the defense of any rights guaranteed by EU Regulation 2016/679 that have been violated.
j. All these rights can be exercised by submitting a written, dated and signed request, which will include the requests made and their reasons, to **UNEFS** at the address: Bucharest, Str. Constantin Noica, No. 140, Sector 6, CP060057, e-mail: **secretariat@unefs.ro**.

I declare that I have not provided false information in the documents presented and, knowing the provisions of art. 326 of the Criminal Code, I take responsibility for the personal data provided, guaranteeing that they are current, real, correct and complete.

I undertake that, in the event of changes in the personal data indicated in the registration file (change of residence, civil status, etc.), I will inform the **Doctoral School secretariat** in writing in due time.

I have been informed by UNEFS regarding the purpose of processing my personal data, the legal basis for their collection and processing, the categories of recipients, the retention of personal data and the rights I have with regard to my data personal.

I agree that the National University of Physical Education and Sport in Bucharest - **Doctoral School** will transfer my personal data to countries that are not part of the European Union.

I have been informed that my refusal to provide the personal data necessary and requested by the **secretariat of the Doctoral School** shall lead to **my elimination from the admission competition**.

Date:_____ Signature,

*Appendix 5*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

**Statement,**

The undersigned _____, declared admitted to doctoral studies following the competition in the **September 2026** IOSUD UNEFS session, tuition fee subsidized from the budget: full-time attendance or fee-based study program: full-time attendance, thus confirming the place occupied. I am attaching proof of the registration fee, the first installment.

Date, Signature,

_____ _____

*Appendix 6*

**NATIONAL UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS FROM BUCHAREST**
**INSTITUTE FOR DOCTORAL AND POSTDOCTORAL STUDIES**
**DOCTORAL SCHOOL**

## LIST OF TOPICS
## - basic and specialized knowledge exam -

1. Human motor skills – general and specific aspects
2. Physical education - sports - physical therapy - motor activities relevant to the field of human motricity
3. Motor capacity - performance capacity
4. Motor qualities / motor skills / fitness – components of motor ability
5 Motor skills and abilities - components of motor ability
6. Effort and effort capacity in motor activities
7. Physical exercise – a means of improving motor ability
8. Measurement and assessment in Sport and Physical Education Science
9. Scientific research in the field of physical education, sports and kinesiotherapy
10. Descriptive Research Methods in Sport and Physical Education Science
11. Experimental Research Methods in Sport and Physical Education Science

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